



✓ RECIPE :

Ingredients	%
Vegetable stock	28
Onions	27,4
Carrot	21
Canola oil	11
Wheat flour	7
FARILUP 350T Toasted lupin flour	5
Salt	0,6

✓ PROCESS :

- Boil onions and carrot with the vegetable stock
- Add the other ingredients
- Blend and mix
- Cook (in oven) 20 minutes at 180°C

**Lupin flour brings a pleasant texture,
a good aroma and a nice colour to the vegetable terrine.**