

**✓ RECIPE :**

Ingredients	%
Rice flour	26
Potato starch	26
Standard corn starch	23.5
Pregelised corn starch	10
Palm oil powder	4
Caster sugar	3
FARILUP 350T Toasted lupin flour	1.5
Buckwheat flour	4
E 464	1
Salt	1
Fresh yeast	1.8
+ Water	60

✓ PROCESS :

- Kneading (<5minutes)
- Put in a mussel
- Steam Room : 1h15 at 27°C
- Cooking : 40 minutes at 240°C, with steam